

Governor Carcieri's Favorite Recipe
Mrs. Carcieri's Recipe for Spaghetti and Meatballs

Meatballs

Ingredients:

2 lbs. Ground Beef
1 Cup Bread Crumbs
3 Eggs
2 Tablespoons (to taste) Garlic Powder
1 Tablespoon Oregano
(to taste) Salt and Pepper

Instructions:

Combine ingredients in large bowl. Use hands to form into balls.

Sauce

Ingredients:

2-3 large onions
Olive Oil
3 Large cans of Tomato Puree
1-2 Tablespoons of Garlic Powder
1-2 Tablespoons of Salt and Pepper
2 Tablespoons of Oregano

Instructions:

Cut 2-3 large onions, sauté them in a very large pan in olive oil until browned lightly. Pour in three of the largest cans of tomato puree into the pan. Add 1-2 tablespoons of garlic powder and salt and pepper and 2 tablespoons Oregano. Stir and add the formed balls to the sauce. Cook slowly over low heat for four hours.



ENJOY!